

WE ARE HERE FOR YOU



FRIENDS & FAMILY SUPPORT GROUP

Meeting In Person at:
Synergy Center - Riverhead
Tuesdays 7-8:30PM

Meeting Virtually:
via ZOOM
Wednesdays 7-8:30PM

A group for relatives and friends of persons in recovery from mental illness.

Family support groups are recognized by the Substance Abuse Mental Health Services Administration as an evidence-based practice that offers

HOPE, GUIDANCE, ADVOCACY, & COMARADERIE

for family, friends, & caregivers of adults receiving services from mental health, substance use, and related service systems. Family support is a great means to gain awareness and guidance for supporting their loved ones.

This service is provided FREE OF CHARGE thanks to a contracted support with the New York State Office of Mental Health and the Suffolk County Division of Community Mental Hygiene Services.

Contact: Jasmine Lucas, MHC
(631471-7242 ext.1315 or jlucas@mhaw.org)

*A conversation is recommended prior to attending

ASSOCIATION FOR
MENTAL HEALTH AND WELLNESS



To Advocate. To Educate. To Empower. Together.