

ASSOCIATION for  
MENTAL HEALTH & WELLNESS



*To Advocate. To Educate. To Empower. Together.*

## Description of Behavioral Health Home and Community Based Services offered by Association for Mental Health and Wellness (MHAW)

**MHAW HCB Services are offered only to Suffolk County residents at this time.**

**Psychosocial Rehabilitation (PSR):** Services designed to help people restore and enhance personal well-being through social connections. PRS focuses on increasing health and wellness skills, while expanding social skills, building meaningful relationships and broadening community connections.

**Habilitation/Residential Support (HS):** Services designed to help people restore and enhance self-care, health and wellness skills, daily activities of living skills, independent living skills, communication skills, and the use of community resources to live at home or in a community setting.

**Community Psychiatric Support and Treatment (CPST):** Short-term, mobile interventions focused on achieving particular Plan of Care goals, designated for people who have not benefited fully from site-based programs. **Coming Soon**

**Education Support Services (ES):** Services designed to prepare people for returning to school or formal training to obtain employment.

**Family Support and Training (FST):** Services designed to help the families engage in a person's treatment and recovery process. **Coming Soon**

**Short-Term Crisis Respite (STCR):** Short term respite (up to 7 days) for people experiencing emotional distress and/or worsening of behavioral symptoms. Guests will be supported by staff with shared experience as they participate in the person-centered, holistic, strengths-based, well-being program offered at the Crisis respite. STCR can be utilized as an alternative to going to the hospital or as a step in recovery when discharged from the hospital. **Coming Soon**

**Peer Support Services (PSS):** Services delivered through a shared personal experience of recovery, peer specialists provide guidance, support and coaching to people to help manage their behavioral health issues. PSS help people focus on strength-based approaches and natural supports while instilling the principles of hope, connection and advocacy.

**Pre-vocational Services (PVS):** Services designed to prepare people for employment or volunteer positions. PVS helps people to develop and enhance general work skills and problem solving skills related to their career plan.

**Intensive Support Employment (ISE):** Services that assist people in obtaining employment. ISE provides person-centered services, continued support in developing work skills and assistance in learning new work skills to maintain their employment.

**Ongoing Supportive Employment (OSE):** This service is provided after a person is hired and is working. OSE is an individualized, person-centered service that provides people with on-going support to develop new skills that may further their advancement in their place of employment.

To get started, contact your Health Home Care Manager to request HCBS services (whether you receive care management with MHAW or with a different agency in Suffolk County)

MHAW's HCBS team can be reached at: 631-369-4418 x 1115 or 631-471-7242 x 1309

**CONTACTS**

